

NORTH AREA COUNCIL

Project Performance Report

Q4 2016/17 (January – March 2017)

Stronger Communities Grant Focus

July 2017

INTRODUCTION

North Area Council Priorities

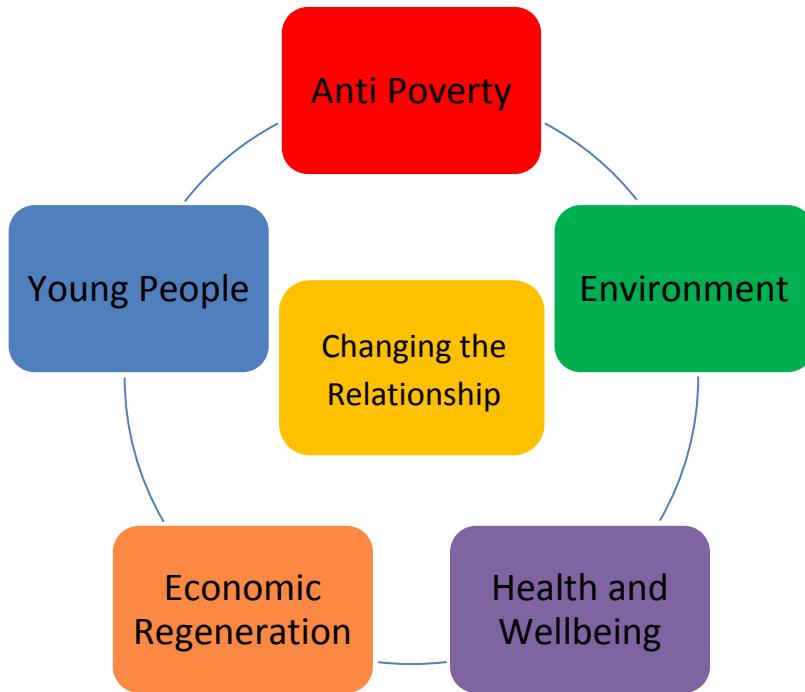


Table 1 below shows the Provide that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council. A number of projects are still in the development phase.

	Service	Provider	Contract Value/length	Contract start date	Updates
Anti-Poverty	Financial Inclusion Service	CAB & DIAL	£148,120 2 years	14 th September 2015	Project performing well
Young People	Summer Holiday Internship 2014	C&K Careers	£39,410 9 months	April 2014	Contract Completed
Young People	Summer Holiday Internship 2015	C&K Careers	£45,000 18 months	9 th March 2015	Contract Completed
Young People	Summer Holiday Internship 2016	C&K Careers	£31,550 18 months	1 st March 2016	KIT Period
Environment	Environmental enforcement	Kingdom Security	£ 54,771 1 year + £81,844 8 months	4 th August 2014 August 2015 – March 2016	Contract Completed
Environment	Environmental enforcement	Kingdom Security	£120,640 per annum (1yr+1yr+1yr)	1 st April 2016	Current dissatisfaction expressed

Environment	Clean & Green Community Development	Forge c/o Anvil CIC	£150,192 2 years	14 th September 2015	Value for money currently being monitored
Economic Regeneration	Small Business Development Survey	Barnsley Business and Innovation Centre	£2,250	Aug 2016	Larger project to be developed.
Health and Wellbeing	Healthy Eating Project	South and West Yorkshire (NHS) Foundation Trust	£98,893 18 months	16 th October 2014	Discontinued April 2016

PART A - OVERVIEW OF PERFORMANCE

4 contracts have formally completed their contract monitoring/contract management reporting for Q4 2016/17. The following tables therefore reflect the overview of performance of **4 live contracts only**. These contracts are:

- C&K Careers 2016 – Year 3
- Kingdom Security – Contract 2, Year 1 Q4
- Forge – Year 2, Q2
- CAB & DIAL Year 2, Q2

Anti-Poverty

Performance Indicator	Target	Achieved to date
Number of financial / debt settlements negotiated		79
Cases of homelessness prevented		24
Overall benefit gain in £		£2,249,293

Young People

Performance Indicator (combined with North East)	Target	Achieved to date
Summer internship to be delivered over summer 2016	90	71%
Development of five year plans tailored to the needs of students who attended	60	95%
Improved confidence about the future	60	74%

Environment: Enforcement

Performance Indicator	Target	Achieved to date
Patrol Hours completed	1632	-
No of litter and dog fouling operations	34	850%
No of litter and dog fouling FPNs issued (this quarter)	N/A	194
No of parking PCNs issued (this quarter)	N/A	90
Payment rate for dog fouling and litter FPNs	N/A	75%
Payment rate for parking PCNs	N/A	-

Health and Wellbeing

Performance Indicator	Target	Achieved to date
Local residents experienced improved health and wellbeing		89%
Local people feel more able to manage their own affairs		57%

PART B - SUMMARY PERFORMANCE MANAGEMENT

REPORT FOR EACH SERVICE

C&K Careers

Service	RAG
Young People	
Health and Wellbeing	
Economic Regeneration	
Satisfactory quarterly monitoring report and contract management meeting.	
Milestones achieved	
Outcome indicator targets met	
Social value targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

Background

Following the success of the 2014 and 2015 Summer Holiday Internship programmes focusing on employability skills for under 16s, Barnsley MBC North, North East and South Area Councils re-commissioned a 2016 programme. Two week blocks were to be provided during the summer holidays to Year 10 students catering for up to 135 young people who reside in the area covered by these Councils. The overarching purpose of the programme was 'providing knowledge and greater understanding of the work environment and allowing young people to experience a work placement and benefit from preparation workshops, thus improving their employment prospects'.

Kingdom Security - Quarter 3 report received on 14TH January 2017

	RAG
Clean and Green	
Milestones achieved	
Outcome indicator targets met	
Social value targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

NARRATIVE UPDATE

The North Area is contracted to 4 x officers, this equates to 1920 hours over quarter. The service is focussed on the reduction of litter, dog-fouling and illegal parking.

Forge Community Partnership - Quarter 4 report received

April 2017

	RAG
Clean and Green	
Milestones achieved	
Outcome indicator targets met	
Social value targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

CAB & DIAL – Yr2 Quarter 2 report received 13th April 2017

	RAG
Health and Wellbeing	
Anti Poverty	
Changing the Relationship	
Satisfactory quarterly monitoring report and contract management meeting.	
Milestones achieved	
Outcome indicator targets met	
Social value targets met	
Satisfactory spend and financial information	
Overall satisfaction with delivery against contract	

PART C – COMMUNITY GRANTS SUMMARY

PERFORMANCE MANAGEMENT REPORT

Ad Astra Barnsley CIC – Altering Perspectives

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary: The project consists of four strands: i) Living History which will involve working with school children and elderly residents to revisit the area industrial heritage. Considering how lifestyles have changed over the last 100 years. ii) Delivery of 80 personal health and social education sessions in North Area schools. iii) Run 15 engagement days, either family fun day or community days. iv) Family friendly volunteering with the young people already engaged with Ad Astra.

Performance Summary:

This has been a hectic three months wrapping up all our projects this term. We have had some amazing work produced as part of our Living History project and the children and young people who have worked on this part of our project have been amazing. Full of enthusiasm with the work. They have done research, created artwork and played with a selection of 'Old games' and loved every minute. The staff that have been involved from the schools have also been thrilled with the work produced and the enthusiasm of their students. The schools that have participated in the History project this term were Laithes and Wilthorpe Primary

We have also done additional training with our Peer Support programme. In Wilthorpe Primary school we have completed their first 'Buddy Training Scheme' with 20 Y5 pupils who have really enjoyed learning about Teamwork - improved communication - confidentiality – Anti Bullying and how this helps themselves plus other peers within their school. We are also doing a more intensive Peer Support Training programme with a small group of young people at St Pauls all secondary pupils from Darton CC Horizon CC and Greenacres School, four of these young people also have a disability.

Also from Wilthorpe Primary we had three full classes helping with a local litter pick in the area, linking in with the Keep Britain Tidy Campaign - which meant we had over 90 individuals out cleaning the local environment. The bulbs we planted in the last term are all now in full bloom and make several areas in Old Town look very colourful.

Again there has been some heart wrenching work over the past couple of months and this means we have had some real impact into the lives of many young people.

In Carlton CC we have had several parents phoning school and asking about the work we are doing with their children, as the difference we are making is very obvious.

Our Coffee Morning / History Art Exhibition – we had an impressive display of different forms of art alongside many artefacts from years gone by. We had ‘hand-on’ displays where visitors could pick up look and play with the exhibits – we had a range of tools from the early 1900’s to date and a communications table which had a range of different telephones and a manual typewriter which several young people had never seen before. The exhibits had a great reception from the visitors and the day was a great success.

- Over the past 12 months we have again worked with some amazing young people supporting them through so many complex issues that in a perfect world they wouldn’t have to deal with and we know that the impact we have had on their lives has been massive. The work we deliver in schools is so important and so desperately needed.
- Our community volunteers and friends have also made this year very special the commitment and support they give seems to be endless and they have helped make this year so successful.

Project Outcome	Intervention/ activities that will contribute to achieving project outcome	Target	Progress so far
Outcome 1 Young people participating in School Based Workshops	Young People from Primary and Secondary School participating in PHSE sessions	100 Young People	263
Outcome 2 Young people starting a research Programme	Young People gathering information for the Living History Project	100 Young people	146
Outcome 3 Young People taking part in activities in their community	Young people joining local environmental work and LWYL campaigns	40	130
Outcome 4 Adults participating in community lead activities.	Adults participating in local activities improving and promoting their area	40	57

Emmanuel Church – Integrate

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The principle aim of the project is to provide a series of appropriate activities so that different ages in the local community can engage in and benefit from, a sense of community belonging and cohesion. There will be a range of activities provided, ranging from inter-generational IT workshops to craft workshops and one off events, designed for older people as well as children and young people, and, in particular, opportunities for different generations to be together. There are three outcomes: i) Activity groups which enable young people to meet with their peers in a safe environment engaging in structured activities. Inc. delivery of workshops focussing on well-being, especially self-esteem and aspiration. ii) Intergenerational activities iii) Provide activities and partnership opportunities to increase the awareness of environmental concerns

Performance Summary:

Below is a brief report of the events achieved by the Integrate project this quarter. Some projects are continued from last quarter, however there are some new projects included.

Fusion – (Recurring) These are monthly events aimed at being community wide. They include a simple meal with activities which are suitable for both young and old alike. These events have proven to be very popular with demand for the groups growing each month. There have been 2 events so far.

Beetle drive - 17/02/2017 – These are a very popular event and is our most recurring fusion event, it's aimed at a varied age, with both younger and older generations taken enjoyment from this.

Pancake party – 28/02/2017 – We set this event up for the Together Network to help raise funds to combat hunger in the UK. We had pancakes and children pancake party games. There was over 25 people who attended this event of all ages.

Afternoon Tea's – (Recurring) Afternoon tea's a in huge demand, especially ones that are held at Emmanuel. We have teamed up with Barnsley college who supply the catering staff and venue on most events. We are discontented with Barnsley college, the private service was opened to the public, which wasn't an issue, however the public appeared to have a better service than the private event and better food

both parties paid the same amount. So we'll be looking at a different venue in the coming months.

IT Drop – IT drop in is growing in demand, we have most people on team as Barnsley council have sent two members from “Digital champion” to help with the work load. IT drop in is now advertised in the U3A quarter letter, so we are expecting an influx of users to the Drop in.

Deep Down – Deep down (a community theatre piece about the local mining area) was cancelled end of last year due to lack of actors, however The Exodus Project approached us after Christmas wanting to help recruiting actors. We are now back on with the community theatre with performances scheduled for 1st June.

Craft Session – Crafts session is a new project that started at the end of February, as a group of local ladies wanted to share their crafty experiences with other willing to learn. This is a club which is run once a fortnight, a little get together of people with crafty background. We are hoping this group will grow in numbers, and will help support other groups, like Deep Down with props and such

Project Outcome	Intervention/ activities that will contribute to achieving project outcome	Target	Progress so far
Outcome 1 Provision of activities for young people leading to social interaction and improved health and wellbeing	Activity groups which enable young people to meet with their peers in a safe environment engaging in structured activities Well-being, especially self-esteem and aspiration, workshops in local primary and secondary schools	20 young people over 12 months 480+ children and young people over 12 months	14 young people currently working with at Reboot 21 children at One Way 8 young people at healthy eating workshop Total: 43
Outcome 2 Intergenerational activities promoting generational	Regular and one off activities to promote generations meeting and taking part in activities of common interest	400+ over 12 months	Monthly Fusion Beetle Drive – 35 Afternoon tea Feb - 21 Pancake party - 25 Total – 81
Outcome 3 Engaging people with environmental concerns	Provide activities and partnership opportunities to increase the awareness of environmental concerns	100+ over 12 months	Children caring for the environment workshops Total: 21

Reds In the Community – Fit Reds

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The Fit Reds programme is delivered through a series of weekly sessions over the course of nine weeks. Through the Fit Reds programme, Fit Reds Health Trainers provide participants with information regarding diet, nutrition and healthy lifestyles along with vital one to one support. Fit Reds Physical Activity Coaches engage participants with physical activity suited to their individual needs. Using football and Barnsley Football Club as a hook, the programme supports men to make positive lifestyle changes and become more physically active. The programme will be available to 60 men across the North Area.

Performance Summary:

The third and final Fit Reds Programme has been successfully delivered at Honeywell Sports College. The final retention rate for the programme was **67%**.

The Fit Reds Programme reached **38,772** people over social media. This supports the programme by; identifying the programmes outlines, bringing the programme to the attention of future participants and furthermore been a platform to highlight the success of the programme.

Reaching **38,772** people over the course of the fit reds programme has been a beneficial tool in informing the local community that the North Area Council are supporting the local community in creating a healthier lifestyle

The infographic below highlights the success that the programme has had throughout the 9 week period.

Fit Reds Programme 1 – Darton College

Measurement	% Achieved
No of participants starting the programme	10
No / % of participants completing the programme	90%
No / % of participants increasing levels of physical activity	100%
No / % of participants increasing consumption of fruit and vegetables	60%
No / % of participants reducing their weight	77.8%
No / % of participants reducing waist circumference	100%
No / % of participants reducing blood pressure	100%
No / % of participants reporting an increase in their knowledge of CVD	88.9%
No / % of participants reporting increased knowledge of healthy lifestyles	88.9%
No / % of participants reporting increase in self-confidence	77.8%

Fit Reds Programme 2 – Holy Trinity

Measurement	% Achieved
No of participants starting the programme	12
No / % of participants completing the programme	67%
No / % of participants increasing levels of physical activity	100%
No / % of participants increasing consumption of fruit and vegetables	75%
No / % of participants reducing their weight	87.5%
No / % of participants reducing waist circumference	100%
No / % of participants reducing blood pressure	62.5%
No / % of participants reporting an increase in their knowledge of CVD	100%
No / % of participants reporting increased knowledge of healthy lifestyles	100%
No / % of participants reporting increase in self-confidence	62.5%

Fit Reds Programme 3 – Honeywell

Measurement	% Achieved
No of participants starting the programme	15
No / % of participants completing the programme	67%
No / % of participants increasing levels of physical activity	100%
No / % of participants increasing consumption of fruit and vegetables	70%
No / % of participants reducing their weight	90%
No / % of participants reducing waist circumference	90%
No / % of participants reducing blood pressure	90%
No / % of participants reporting an increase in their knowledge of CVD	100%
No / % of participants reporting increased knowledge of healthy lifestyles	100%
No / % of participants reporting increase in self-confidence	70%

Case Study:

Honeywell

David McMahon

06.02.2017 – 03.03.2017

David McMahon attended the Fit Reds programme at Honeywell Sports College. David highlighted the reasons to participating in the Fit Reds course was to get fit, socialise and to lose weight. David showed commitment throughout the programme attending 9 out of the 9 weeks.

David has shown that with commitment and dedication no matter your age or experience the programme can be of benefit. David is 61 years of age and has adapted well to the practical and theoretical side exceptionally.

As the results show below, David had met his goals comfortably whilst significantly increasing his knowledge to support sustained weight loss post programme. David managed to lose 3.2kg, 2 centimetres from his waist and also reduced his blood pressure. Although this is not the most significant loss (4.8kg, 9cm) it highlights that the programme is benefiting a variety of men of all ages. The main area in which David progressed was his overall knowledge of health and wellbeing. Initially rating his knowledge as 2 out of 10, David is leaving the programme highlighting 7 out of 10 for his knowledge on the final week.

David has now indicated that he is planning to sign up to the Be Well Barnsley Gym at Shaw Lane. This being a pathway post programme we identify for the participants.

David had the following to say surrounding the Fit Reds Programme:

"I found the balance between classroom and fitness work was spot on. There is a lot of talk about sugar,fats,salt,portion size etc but I found the way the guys who delivered that side of the course explained it and demonstrated it was easy to understand and in that environment available to answer questions. The leaflets and booklets we were given to take away backed up all that they told us and most of the

lads discussed them with their partners so two people got the message for the price of one.

The results for me were weight loss and inches of the waist

The fitness part was new to me at 60yrs old but with Gareth explaining the techniques and pushing us on I felt exhilarated after each session.

The football took me back 30yrs because I played at a reasonable level back then and I believe I have still got it.

So to move on I have had an induction at Shaw Lane gym, and intend to join the vets on Thursday. All because of the fit reds course.

Many thanks to all associated with running the course and long may it continue."

HEALTH CHECK / OBSERVATIONS				
Measurements complete 1-3 with Health Trainer and 4 - 8 yourself at registration, week 4 and week 8.	Registration	Week 4	Week 8	Change
1. Weight	102.6	100.6	99.4	-3.2
2. Waist circumference	122	119	120	-1
3. Blood Pressure	167/102	158/83	158/85	-
4. Amount of 30 mins moderate intensity Physical Activity sessions per week. (Activity which makes you out of breath)	ONE	ONE	TWO	+1
5. Amount of 30mins vigorous intensity Physical Activity sessions per week (activity which causes you to sweat)	NONE	ONE	ONE	+1
6. Average number of portions of fruit and veg per day	5	7	8	+3
7. On a scale of 1-10 how would you rate your knowledge on keeping your heart healthy	2	3	7	+5
8. How self-confident are you on a scale of 1-10? (10 is high)	9	9	9	-
9. Do you smoke? If so, how much on average? i.e. 20 a day	NONESMOKER	NONESMOKER	NONESMOKER	-
10. How many units of alcohol do you consume in a typical week? (2-3 units in a pint of strong lager and the same in a large glass of wine, a 25ml spirit shot is one unit, roughly)	16	16	12	-4

This information on this sheet will be used to determine programme success. Thank you!



RVS - Looking Out for Older People

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Summary:

The project aims to tackle issues of health and wellbeing by working with older people to put together a package of support which will help find a way out of loneliness & isolation and to offer advice and signposting around other sources of help such as benefits entitlement, aids and adaptations etc. Their discussions will substantially be led by the older person themselves and will be used to put together a package of support aimed at reducing feelings of loneliness and isolation.

RVS will conduct at least 400 home visits to older people who have been identified as being at risk of loneliness and isolation.

RVS will create sustainability in 5 newly formed groups across the North Area.

Performance Summary: Available at a later meeting